Welcome Regent College Students!

The AMS/GSS Health & Dental Plan is extended health and dental coverage, designed specifically for students to cover expenses not covered by basic health-care plans. All Regent College students who are taking three or more credit hours and paying AMS fees for the Health & Dental Plan are automatically enrolled, including full-time and part-time students, as well as international students.

The Plan includes benefits for prescription drugs, travel health coverage (including trip cancellation and trip interruption), eyeglasses and contact lenses, psychologists, massage therapists, physiotherapists, dental checkups and cleanings, fillings, extractions, and more. The total cost of the Plan is $221.94 per student, automatically included with your university fees every September. Full-year coverage is from Sept. 1, 2015 to Aug. 31, 2016. Students beginning in Jan. 2016 will be assessed $147.96 for coverage from Jan. 1 to Aug. 31, 2016.

If you’re an international student, you must be covered by the BC Medical Services Plan (BC MSP) or equivalent coverage. For more information, please call 1 800 663-7100.

The Plan can be combined with another health and dental plan (i.e. a parent’s or spouse’s employee benefit plan) to maximize your overall coverage and save on health-care costs.

Alternatively, if you’re covered by another health and dental plan, you can opt out during the Change-of-Coverage Period listed below or within three weeks of your registration date, whichever is later, and the Plan fee will be reversed from your student account. However, please note that your student Plan provides certain benefits not available through other insurance plans, such as vaccinations and travel insurance.

The Plan also gives you the option to enrol your family (spouse and/or dependent children) online.

Students can opt out or enrol their family during the following periods only:
- For students starting in September: **Sept. 8 - 29, 2015**
- For students starting in January: **Jan. 4 - 25, 2016** (New Term 2 students only)

For more detailed information about the Plan, including claim forms and your Travel Health Passport, visit [www.ihaveaplan.ca](http://www.ihaveaplan.ca).

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