

Session 1: The Reframing Story



INTRODUCTION

ReFrame aims to help you live out your faith in everyday life, encouraging us to encounter Jesus afresh and allowing his story to shape our own. This first session explores how a fragmented and complex world can tempt Christians to either withdraw from, or assimilate to, the culture around them. However, the true story of Jesus enables Christians to resist these temptations and to live integrated and faithful lives.

“As they talked and discussed these things with each other, Jesus himself came up and walked along with them.” —Luke 24:15

EMMAUS ROAD REFLECTION

1. What has God been saying to me through this episode (encouragement, challenge)?
2. What was significant or new? What questions did it raise?
3. Where is your Emmaus Road? Where are you in your journey of discipleship with Christ? Where do you want to see more of Jesus in your life?

DISCUSSION

1. What types of complexity and fragmentation characterize modern life? In what ways are our lives becoming more or less complicated?
2. What are some areas of life that Christians struggle to connect with their faith?
3. What questions are you currently wrestling with?

ACTIVITY

Our faith in Christ means something for every aspect of our lives. However, sometimes it is still difficult to see Jesus in the different places we find ourselves.

Think about the past week. Call to mind some of the different places, activities, and situations you were involved in. Where did you see Jesus? Where did you feel his presence? Where did you not feel connected to him? Be concrete in your examples.